

Medical Astrology

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	ruling planet	element	body part	gland and system	cell salt	vitamins	Bach flowers	herbal teas	diet and foods
ARIES ♈	Mars Inflammatory	Fire hot & dry	Head, face, brain, blood (energy)	Adrenals and the muscular system	Potassium Phosphate PP	B complex, B5, B6, C, iron, magnesium, omega 3	IMPATIENS , agrimony, vine, oak, heather, larch	Ginseng, green tea, licorice, yarrow, nettle and verbena	Celery, tomato, leek, lemon, dates, apples spinach, beetroot, walnuts, cauliflower, cabbage, avoid stimulants
TAURUS ♉	Venus Lymphatic	Earth cold & dry	Neck, throat, tonsil, cervical vertebra, thyroid	Thyroid and the metabolic system	Sodium sulphate SS	Iodine, E, chromium, B complex	GENTIAN , holly, oak, elm, star of Bethlehem, walnut, chicory, chestnut bud	Liquorice, valerian, dandelion, sage, turmeric and withania bud	Celery, apple, beans lettuce, strawberries, seaweed, berries, pomegranate, avoid sugar and fats
GEMINI ♊	Mercury Neural	Air Hot & moist	Shoulders, arms, hands, lungs, nerves	Respiratory and the central nervous system	Potassium chloride PC	B complex, B1, omega 3, E, magnesium, calcium	CERATO , impatiens, clematis, mustard, white chestnut, hornbeam, mimulus	Vervain, nettle, lemon balm, licorice, echinacea and valerian	Lettuce, pineapple, apricot, peach, sprouts, nuts, seeds, beans, figs, leafy greens, root vegetables, eggs, Aries foods
CANCER ♋	Moon Nutritive	Water Cold & moist	Breasts, stomach, uterus, digestion	Salivary glands and the digestive system	Calcium fluoride CF	calcium, K, B complex, digestive enzymes	CLEMATIS , chicory, walnut, aspen, red chestnut, honeysuckle, holly, larch	Peppermint, chamomile, raspberry leaves, lemon balm and dandelion	Eggs, prunes, rye, salads, leeks, raisins, dairy, citrus, onions, grapes, cabbage, shellfish
LEO ♌	Sun Vital	Fire Hot & dry	Spine, thoracic vertebra, heart and marrow	Spleen and the cardiovascular system	Magnesium phosphate MP	Magnesium, A, D, calcium, taurine, B complex	VERVAIN , vine, oak, olive, mimulus, elm, gentian, agrimony	Motherwort, chamomile, hawthorn, dandelion, lime blossom and valerian	Plum, bran, oats, nuts, cocoa, cabbage, citrus, peas, green leafy veg, eggs, coconut
VIRGO ♍	Mercury Neural	Earth Cold & dry	Abdomen, small intestines, solar plexus, nerves	Pancreas and the small intestines/digestive system	Potassium sulphate PS	B complex, Omega 3, E, magnesium, digestive enzymes	CENTAURY , beech, vine, crab apple, pine, vervain, agrimony, rock water	Vervain, melissa, dandelion, peppermint, ginger, meadowsweet and chamomile	Celery, figs, olives, sprouts, soy, chicory, beetroot, lemon, apple, fennel, bitter greens, dates, nuts, seeds
LIBRA ♎	Venus Lymphatic	Air Hot & moist	Small of back, kidneys, ureters, bladder, ovaries	Thyroid and the urinary system (kidneys)	Sodium phosphate SP	Iodine, E, Zinc, B 3,5 and 6, chromium	SCLERANTHUS , cerato, red & white chestnut, agrimony, sweet chestnut	Corn silk, ginseng, rosehips, poke root, licorice, cranberry and calendula	Water, celery, apple, spinach, radish, corn, beans, berries, almonds, strawberry, raisins, Taurus foods
SCORPIO ♏	Pluto Transform	Water Cold & moist	Large intestines, bladder, sweat glands, genitals,	Reproductive and elimination systems/large intestines	Calcium sulphate CS	Zinc, E, EFA's, B's Antioxidants, Selenium	CHICORY , vine, holly, rock water, willow, red chestnut, water violet, cherry plum	Ginseng, cranberry, valerian, calendula, nettle, passionflower and withania	Avoid anything in XS, cherries, citrus, fibre, cabbage, prunes, green leafy veg, broccoli, cancer foods, pomegranate
SAGITTARIUS ♐	Jupiter Plethoric	Fire Hot & dry	Bum, thighs, hips, sciatic nerve, locomotion, sciatic nerve, coordination	Liver and the neuromuscular system	Silica S	Mg, zinc, C, B complex, chromium, bioflavonoids	AGRIMONY , vervain, wild oat, impatiens, oak, centaur, clematis, elm, walnut	Dandelion, horsetail, nettle, calendula, lemon balm and sage	Oats, asparagus, figs, cucumber, raisins, carrots, apples, leeks, cabbage, onion, prune, cherries
CAPRICORN ♑	Saturn Chronic	Earth Cold & dry	Skin, skeleton, knees, joints, teeth, ligaments, hair, nails	Parathyroid, gall bladder, the skin and the skeletal system	Calcium phosphate CP	Calcium, magnesium, A, D, C, zinc, B3, bioflavonoids	MIMULUS , vine, vervain, gentian, gorse, elm, wild oat, mustard, rock water, willow, wild rose	Chamomile, elder, hypericum, ginger, lemon balm and yarrow	Eggs, spinach, prunes, cabbage, coconut, asparagus, strawberries, berries, citrus, cancer diet
AQUARIUS ♒	Uranus Spasmodic	Air Hot and moist	Ankles, calves, nerve impulses, venous circulation	Parathyroid, circulatory and electrical systems of the body	Sodium chloride SC	Omega 3, E, magnesium, C, bioflavonoids, B9 and B12	WATER VIOLET , olive, clematis, red chestnut, wild rose, elm, vervain star of Bethlehem	Rose hips, Passionflower, vervain, valerian, sage, yarrow, lavender and nettle	Celery, apples, spinach, lentils, figs, almonds berries, coconut, oily fish, eggs, Taurus foods
PISCES ♓	Neptune Comatic	Water Cold & moist	Feet, toes, body fluids, immune, lymph	Pineal gland and the lymphatic/immune system	Iron phosphate IP	C, A, zinc, antioxidants, B complex, iron	ROCK ROSE , pine, holly, willow, gentian, aspen, centaur, clematis	Echinacea, sage, yarrow, nettle, rosehips, elder, ginger and dandelion	Fruit, spinach, protein foods, almonds, beans, dates, leafy greens, nuts, root veggies, oats and chia seeds